

WILSON COUNTY SUBSTANCE PREVENTION COALITION

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WCSPC HISTORY

The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.

Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.



Wilson County Substance Prevention Coalition staff picture

(from left to right) Jeff Hill, Pamela Letchworth, Ashlie Smith, Anna Davis, Jennifer Lane

IN THE COMMUNITY

Students from the Career Health Connections program with the Wilson Education Partnership came to RC3. The students were trained on how to use Narcan, learned about opioid and polysubstance misuse, and toured RC3!



UPCOMING EVENTS

- *Open Narcotics Anonymous Meeting - Mondays 12:00pm, Wednesdays 7:00pm, Fridays 7:00pm*
- *Easy Does It Café - Mondays 6:00pm*
- *Bible Study - Wednesdays 1:00pm*
- *Open Alcoholics Anonymous Meeting - Wednesdays 7:00pm*

"Success is the sum of small efforts, repeated day in and day out." ~Robert Collier

TRAINING OPPORTUNITIES

- *Reducing Stigma - March 3, 12:00pm*
- *HIV/AIDS 101 - March 9, 1:00pm*
- *Youth Mental Health First Aid - March 15, 8:30am*
- *Expungement Clinic - March 17, 11:00am*
- *"Tobacco, It's Lit, But Is It Really Just Smoke?" Webinar - March 22, 1:00pm*

WHAT RECOVERY MEANS TO ME

My name is Ryan Mathison. What does Recovery mean to me? The short answer is LIFE. It means joy and peace in place of depression and anxiety. It means freedom from the bondage of addiction. It's a release from a prison of isolation. It's letting go absolutely. It means turning my will and life over to God and trusting in His purpose for my life. It means restoration of health, relationships, and my ability to dream. It's beauty for ashes.

Recovery means a willingness to do whatever it takes to maintain my sobriety. It's staying connected to the Recovery community. It's having a Sponsor, allowing the 12 steps to work in my life, and helping the one who still struggles. It's surrounding myself with people who love me, hold me accountable, and want me to succeed. It means being a better husband and a present, responsible father as well as a productive member of society. Recovery is a transformation that takes place one day at a time. By yielding to that transformation and allowing God to work in and around me, I've discovered a life that is truly better than I could have imagined.



Ryan Mathison and his family.

MEMBER SPOTLIGHT

Hi! I am Anna Godwin and currently serve as an at-large member of the Wilson County Substance Prevention Coalition. My professional experience has primarily been in the substance use field, including as a treatment professional as well as a prevention professional. I received my Master's in Professional and Substance Abuse Counseling from East Carolina University. After graduating I worked in a residential treatment program as a counselor. In 2013 I was introduced to the field of substance misuse prevention and have continued in this field until now. My full-time work at Community Impact NC (NC) focuses on supporting communities across North Carolina, just like Wilson, in their efforts to implement evidence-based, community-level strategies to reduce substance misuse. As someone born and raised in Wilson County, it is an honor to bring my professional experience to serve on the Wilson County Substance Prevention Board.



Anna Godwin and her family.

CONTACT US

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