

WILSON COUNTY SUBSTANCE PREVENTION COALITION

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WCSPC HISTORY

The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.

Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.



Wilson County Substance Prevention Coalition staff picture

(from left to right) Anna Davis, Pamela Letchworth, Jennifer Lane, Ashlie Smith, Jeff Hill

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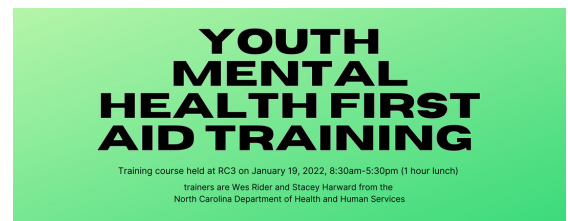
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IN THE COMMUNITY

On January 19 a Youth Mental Health First Aid training was held at RC3. Wes Rider from the North Carolina Department of Health and Human Services came down to train those in Wilson County on how to help youth experiencing a mental health or substance misuse challenge or crisis.

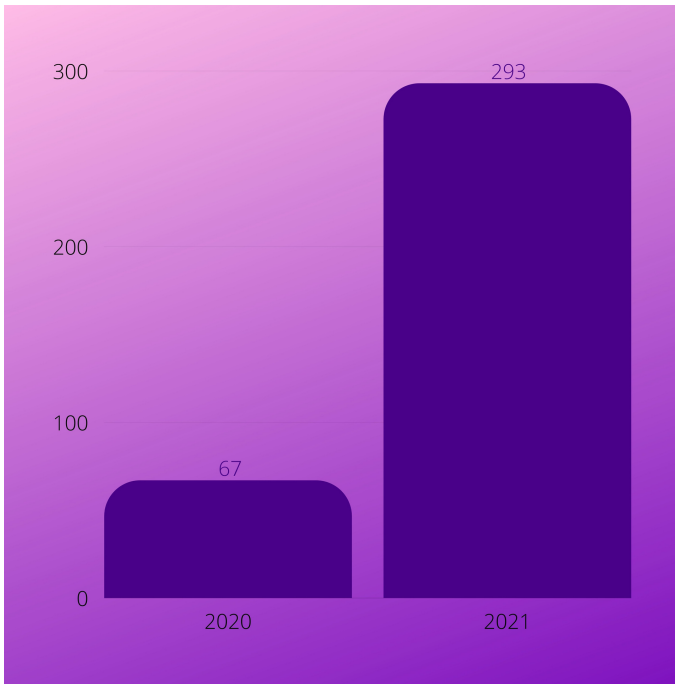
Another training will be held in March.



Flyer for the YMHEA training.

Life is like a camera. Focus on what is important, capture the good times, develop from the negatives, and if things don't work out, take another shot.
~unknown

DATA VISUALIZATION



This chart is a comparison of the total amount of Naloxone (Narcan) kits distributed to those in Wilson county in 2020 and 2021. More than 4x the number of kits were given out in 2021 (293 kits) than in 2020 (67 kits).

UPCOMING EVENTS

- *Open Narcotics Anonymous Meeting - Mondays 12:00pm, Wednesdays 7:00pm, Fridays 7:00pm*
- *Easy Does It Café - Mondays 6:00pm*
- *Bible Study - Wednesdays 1:00pm*
- *Open Alcoholics Anonymous Meeting - Wednesdays 7:00pm*

TRAINING OPPORTUNITIES

- *Essential Oils 101 - February 10, 6:30pm*
- *Adult Mental Health First Aid - February 15, 8:00am*
- *Reducing Stigma - March 3, 12:00pm*

WHAT RECOVERY MEANS TO ME

My name is Jennifer Lane and the word Recovery makes me think about restoration. Having a new chance at life, a new beginning. Having the courage to change, being willing to forgive yourself and others, unlearning and relearning how to live life, trusting God with my life, and rediscovering who I am.

Recovery is not easy, at least it wasn't for me. It took a long time for me to be so broken, trying to do things my way for me to surrender my life over to God and give him permission to start the healing process.

Recovery also means being willing to get to know yourself and open to the belief that you can actually love who you are. Also, to really believe that you were created for a purpose, that God can use you. I think about old carpet remnants, they are uneven sometimes a bit worn. I think about this often and it reminds me that no matter what I have been through or what I look like, I am valuable. Recovery is worth it! It is not a quick fix but a lifelong destination. The journey of recovery can be a beautiful thing and having the right perspective is very important.

Recovery is about connectedness, unplugging the things that don't work anymore, and plugging into new and valuable opportunities that will help me in life. I think about the relationships that I have made over the years, some have been seasonal and brief and some have been lifelong. I am grateful for such experiences.

Recovery is also about awareness. Knowing that you are not alone in the struggles of life, that change is possible. Having the desire to see a change in others speaking life and helping those that may be suffering in silence. There is hope for the hopeless; Recovery is possible. I am alive. I have hope. I am so grateful.



Jennifer Lane and her daughter, Elizabeth, participating in RC3's annual Live Life In Color run in September 2021.

MEMBER SPOTLIGHT

My name is Jeff Hill and I serve as the Executive Director of the Wilson County Substance Prevention Coalition. My passion to reach our community with prevention tools and methods comes from my own lived experiences. My wife (Christina) and I were recently married last February and now reside in Goldsboro with our dogs, Champ (Lab) and Olive (Corgi), but Wilson is definitely home to us. Christina and I are both devout Christians who attend The Bridge Church in Princeton, NC and we're forever grateful for the life that the Good Lord has blessed us with.

In my professional life, I have experience serving vulnerable at-risk populations experiencing substance misuse and other challenges. I have worked with impoverished demographics within the Wilson County limits for the past two years, serving populations ranging in various ages, ethnicities, and education within a non-profit (501c3) work environment. My areas of proficiency include educational development, workforce-related training, and personal/behavioral skills training/counseling. In September 2017, I became certified to implement a behavioral risk/need assessment known as the Level of Service/Case Management Inventory (LS/CMI) by the Alma Institute and was later certified as a Recovery Coach via the Connecticut Community for Addiction Recovery (CCAR) in October 2018. I was also certified to implement and train others on a screening tool known as SBIRT (Screening, Brief Intervention, and Referral to Treatment) in October of 2021.

In my current position as Coalition Director, I oversee several grants that span from the state, local, and federal level(s) which allow us to supply our great community with medication lock boxes/disposal kits, naloxone kits, and education for prevention, treatment, and recovery programs. I have also been fortunate enough to work alongside many local partners to secure the Coalition's first multi-year federal funding opportunity via HRSA's Rural Communities Opioid Response Implementation Grant, which I felt has been one of our greatest accomplishments to date.

In my spare time, I enjoy taking day trips with my wife and our pups to visit our Nieces, Hannah (15), Hadley (9), and Maddie (7), or to spend a little time in our "happy place" down in Emerald Isle. I'm an avid fan of watching sports, but in our house, we howl with the Wolfpack and love to sing "Sweet Caroline" with the "Fenway Faithful" up in Boston. I'm also a bit of a self-proclaimed "nerd", who can be found from time to time enjoying an episode of "Dragonball Z" or playing the newest version of "Pokemon".

I have one favorite quote, that I feel sums up why I truly love the work we do and the opportunities we can hopefully provide for someone who may need it. My goal is to inspire change and to show the world that Prevention works and Recovery is Possible!

*"Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference."
-Robert Frost*



Jeff Hill talking to a community member about materials the coalition has to offer at the Wilson County Substance Prevention Coalition table at a community event.

CONTACT US

[Click here](#) to leave us a message

or by

Phone: (252)991-7267

Email: wcspc@wilson-co.com

Website: www.wilcoprevention.org

Facebook: @wcsac

Instagram: @wcspc.nc

Address: 2860 Ward Boulevard, Suite C,
Wilson, NC 27893

Or [click here](#) to leave an anonymous comment/suggestion