

# WILSON COUNTY SUBSTANCE PREVENTION COALITION

Official Newsletter | Volume 1 Issue 10 | October 2022

## WCSPC HISTORY

*The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.*

*Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.*



*Wilson County Substance Prevention Coalition staff picture*

*(from left to right) Jeff Hill, Anna Davis, Pamela Letchworth, Morgan Miller, Ashlie Smith, Jennifer Lane.*

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## TRAINING OPPORTUNITIES

- **HIV/AIDS & Substance Use Prevention** - October 12, 10:00am
- **Expungement Clinic** - October 13, 11:00am
- **Adult Mental Health First Aid** - October 19, 8:00am
- **Don't Jump To Conclusions: Eliminating Mental Health Stigma** - October 20, 12:30pm



*Picture from a previous training at RC3!*

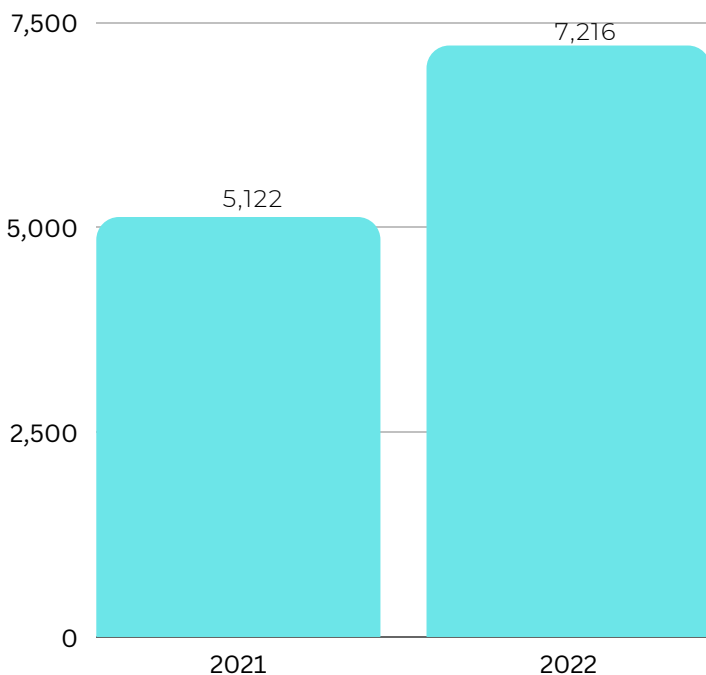
**“Develop success from failures. Discouragement and failure are two of the surest stepping stones to success.”**  
~Dale Carnegie

# UPCOMING EVENTS

- **Open Narcotics Anonymous Meeting** - Mondays 12:00pm, Fridays 7:00pm
- **Easy Does It Café** - Mondays 6:00pm
- **Veteran's Expression Support Group** - Wednesdays 7:00pm
- **Open Alcoholics Anonymous Meeting** - Wednesdays 7:00pm
- **Recovery Through Art** - October 20, 6:30pm

# DATA VISUALIZATION

The Wilson County Substance Prevention Coalition gives free Lock Your Meds materials out to anyone in the community. We have medication locking boxes, medication travel bags/vaping material bags, alcohol cabinet/refrigerator locks, and medication disposal kits. We bring these items to community events, give them to community partners, have them available at RC3, etc! In 2021 we were able to distribute 5,122 items and already in 2022 (January-September 31) we have surpassed that amount at 7,216 items out into the community!



# HIGHLIGHTS IN THE COMMUNITY

On September 24th, RC3 had their 5th annual Live Life In Color run. We broke the records this year with over 80 registrants and 14 sponsors! We had a great time celebrating recovery with our community!



Pictures from the Color Run!

# MEMBER SPOTLIGHT

*I am Kendra Howell and I am a native of Wayne County, North Carolina. I began my career with the Wilson Police Department in October 1993. During my years with our department, I have been a part of the following divisions/functions: training officer, former Special Response Team (SRT) member, Honor Guard member, juvenile detective, Patrol and Administrative Sergeant, former & current Accreditation Manager and Patrol Commander for eight years. For the last nine years I served as the Administrative Captain for Wilson Police Department. In 2021, I was promoted to the rank of Major over Support Services. I served as our Crisis Intervention Team Coordinator and Commander of our Crisis Negotiation Team. As of September 1, 2022, I am officially retired from the Wilson Police Department.*

*My next chapter of my life involves my second love: teaching. I am currently teaching at Johnston Community College in their Criminal Justice Associate Program and Wilson Community College in their Basic Law Enforcement Training Academy. My passion is molding the next generation of officers and equipping them with the needed skills in such a demanding field of work.*

*I earned my BS degree in Science from East Carolina University. Additionally, I earned my Master's Degree in Criminal Justice Public Administration in May 2012 from Methodist University. I am a certified instructor & qualified assistant to NC BLET through North Carolina Training and Standards commission. I have also been awarded an Advanced Law Enforcement Certification from the North Carolina Criminal Justice Education and Training and Standards Commission. I currently teach Juvenile Law, Mental Illness and Developmental Disability, Victims in the Public, Community Oriented Policing, De-Escalation, and General Instructor School. Further, I have received my certification as an instructor of de-escalation.*

*(continued)*

*My hobbies include reading, hiking, running, strength training, and cycling. I am passionate about developing others and unlocking the potential in others they don't believe they have within them. Each year I ride a bicycle (during National Police Week) from Raleigh NC to Washington DC to honor the fallen officers. I ride with Law Enforcement United, Virginia Division. The money we raise for this ride go to our three selected charities: Concerns of Police Survivors (C.O.P.S.), Officer Down Memorial Page, and Spirit of Blue.*



*Kendra Howell*

## CONTACT US

*[Click here](#) to leave us a message*

*or by*

*Phone: (252)991-7267*

*Email: [wcspc@wilsoncountync.gov](mailto:wcspc@wilsoncountync.gov)*

*Website: [www.wilcoprevention.org](http://www.wilcoprevention.org)*

*Facebook: @wcsac*

*Instagram: @wcspc.nc*

*Linktree: [linktr.ee/wcspc.nc](https://linktr.ee/wcspc.nc)*

*Address: 2860 Ward Boulevard, Suite C, Wilson, NC 27893*

*Or [click here](#) to leave an anonymous comment/suggestion*