

WILSON COUNTY SUBSTANCE PREVENTION COALITION

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WCSPC HISTORY

The Wilson County Substance Prevention Coalition was established in April 2007. The coalition is organized for the charitable purpose of reducing substance misuse by addressing factors in the community that increases the risk of substance misuse and promoting the factors that minimize that risk.

Recovery Concepts Community Center (RC3) is a community recovery center and an initiative of The Wilson County Substance Prevention Coalition, created in 2017. This community center is for those working to sustain and maintain their recovery from substance use disorders can visit the center to take part in educational opportunities, group meetings, social events, or just to hang out in a place that is recovery informed, friendly, and healthy.



Wilson County Substance Prevention Coalition staff picture

(from left to right) Anna Davis, Yolanda Alston-Foster, Pamela Letchworth, Jennifer Lane, Ashlie Smith, Jeff Hill

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WCSPC MILESTONES

Ashlie Smith, WCSPC Youth Grant Coordinator, celebrates her 2 year anniversary working with the coalition on January 6.



Ashlie Smith at the 2020 CADCA conference.

*"What lies behind us and what lies before us are tiny matters compared to what lies within us."
~ Ralph Waldo Emerson*

IN THE COMMUNITY

On December 9, 2021, RC3 had a Christmas Open House celebration. Many people attended and enjoyed the refreshments, company, and a walk-through of RC3.

A donation drive was held and many people came during the open house and throughout December to donate food and toys. RC3 was able to donate several boxes to a local establishment for distribution.



UPCOMING EVENTS

*Mondays 12:00pm - Open Narcotics Anonymous Meeting
Mondays 6:00pm - Easy Does It Café
Wednesdays 1:00pm - Bible Study
Wednesdays 7:00pm - Open Alcoholics Anonymous Meeting
January 13, 6:30pm - Recovery Through Art*

TRAINING OPPORTUNITIES

*January 6, 6:30pm - Essential Oils 101
January 13, 1:00pm - Diabetes 101
January 19, 8:30am - Youth Mental Health First Aid
January 27, 10:00am - Banking on your Success*

MEMBER SPOTLIGHT

My name is Shannon Nichols and I currently serve as the Board Chairman for the Wilson County Substance Prevention Coalition.

I have been employed with the City of Wilson's Police Department as the Victim Assistance Coordinator for 27 ½ years. In 2017, we started the Hope Alliance program which I serve as the Coordinator as well.

I grew up in Wilson County and have worked in Wilson for my entire career. I am very active in the Wilson Community, not only with RC3 and the Wilson Substance Prevention Coalition, but I also serve on the Board of Directors for the Flynn Christian Fellowship Homes and Wilson County Office of Senior Citizens Affairs. I also serve on the Diversified Opportunities Rights, Health and Safety Committee, and the Juvenile Crime Prevention Council.

I have two adult sons, Tyler and Jacob, whom I am very proud of, and three grand fur babies, Bobo, Bristol, and Maggie Mae. I am honored to work with the fine staff and Board of Directors for the Wilson County Substance Prevention Coalition. The Wilson Community has a lot to offer those in recovery and I hope that we can continue to see services expand.



Shannon Nichols posing for RC3's "Jeff on a Shelf" campaign.

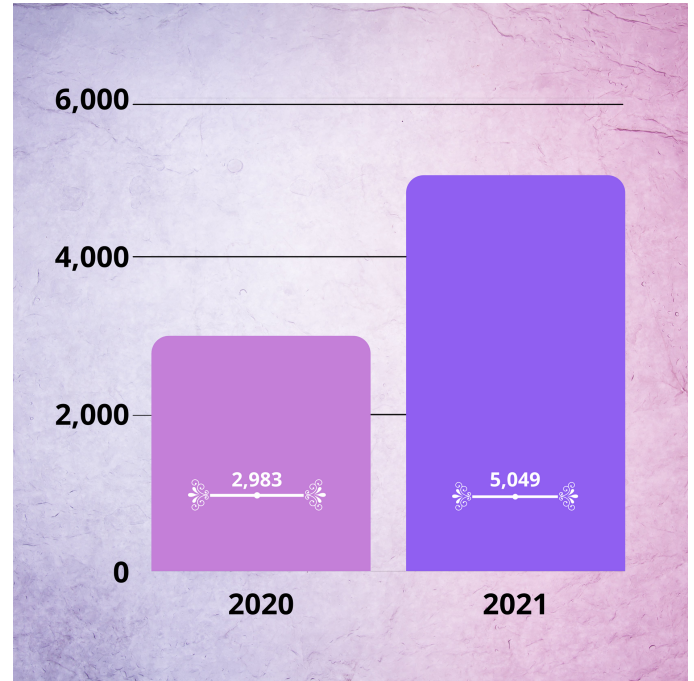
WHAT RECOVERY MEANS TO ME

What recovery means for me is getting honest about who I am, and taking responsibility for the choices I make, and how they affect everyone around me. Responsibility is learning to live in the moment, not the past or the future, but the here and now, and understanding that it isn't always about me, even if I'm broken. It's easy to run. I know because I did that for a long time. In doing so, I blinded myself to my own reality, and my running nearly destroyed me, and everything I cherished. In my running, I learned how to hustle other people emotionally to get by, but most of all I was hustling myself. It is by the very Grace of God that He had mercy on me to let me live to write this. You can run from the heartaches, the failures, the abuse, the anger, and everything you did and didn't do. You will never run fast enough to outrun yourself. It's about looking in the mirror, learning to "be still", and being honest with your own self about the broken human being looking back, and how you got that way in the first place. We were made in the image of a loving Creator that wants to give us hope and future, and until we get honest with Him, ourselves, and everyone around us, about "the why" we will never be able to fully access the life and the fullness of joy He has in store for us. Neither your failures and nor your tragedies define you.. "they" don't define you.. unless you agree to let them define you. Every day on this earth is a precious gift, and you have to claim personal responsibility for living your best life. You owe it to yourself, the ones that love you, and the One that gave you that gift to live responsibly in each of those moments. I'm Rob Alford, and although my past doesn't define who I am, the choices I make today certainly will. I choose honesty, and I choose life. That's what recovery means to me.



Rob Alford playing/singing at RC3's Easy Does It Café.

DATA VISUALIZATION



This chart is a comparison of the total amount of materials distributed by the Wilson County Substance Prevention Coalition from 2020 & 2021. The materials include Lock Boxes, Lock Bags, Cabinet Locks as well as Disposal Kits.

CONTACT US

[Click here](#) to leave us a message

or by

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